

# 25KM ROUTE CHECKPOINT TIMINGS



Start time – 9:00am

DISTANCES	
Section	KM
START to CP1	9
CP1 to CP2	8
CP2 to FINISH	8

CHECKPOINT TIMINGS				
CP	Open Time	Close Time	Max walking time available exc. rest	Minimum Average Speed required
CP1	9:45am	12:00pm	2hrs 45mins	3.3 km/h***
CP2	10:25am	2:40pm	2hrs 25mins	
Finish	11:05am	N/A	N/A	N/A

\*\* Rest time is calculated at 15 minutes per checkpoint.

\*\*\* Minimum average speed must be maintained until the last checkpoint and the final checkpoint close time met in order to complete the event.

## 25KM ROUTE STATISTICS

HISTORICAL FINISH TIMES			
Finish time	% of participants	Finish time	Average Speed
4 hours or less	0.5%	Before 1:00pm	>6.25km/h
4- 5 hours	2.5%	1:00pm – 2:00pm	6.25 – 5km/h
5 – 6 hours	12%	2:00pm – 3:00pm	5 – 4.2km/h
6 – 7 hours	28%	3:00pm – 4:00pm	4.2 – 3.6km/h
7 - 8 hours	36%	4:00pm – 5:00 pm	3.6 – 3.1km/h
8 – 9 hours	16%	5:00pm – 6:00pm	3.1 – 2.8km/h
9 - 10 hours	4.5%	6:00pm – 7:00pm	2.8 – 2.5km/h
10 – 11 hours	0.5%	7:00pm – 8:00pm	2.5 – 2.3km/h

COURSE RECORDS		
	Finish time	Duration
Fastest finish time	12:22pm	3hrs 22 mins
Slowest finish time	7:07pm	10hrs 07mins

\*\* Average 25km completion time is between 6 and 8 hours.

\*\*\* Please note all figures above are based on data taken from the results of the TF Beacons event held in 2019