

50KM ROUTE CHECKPOINT TIMINGS



Start time – 7:00am

DISTANCES	
Section	KM
START to CP1	9
CP1 to CP2	13
CP2 to CP3	17
CP3 to FINISH	11

CHECKPOINT TIMINGS				
CP	Open Time	Close Time	Max walking time available exc. rest	Minimum Average Speed required
CP1	7:45am	10:00am	2hrs 45mins	3.3 km/h***
CP2	8:50am	14:25pm	3hrs 55mins	
CP3	10:15am	7:50pm	5hrs 10mins	
Finish	11:10am	N/A	N/A	N/A

** Rest time is calculated at 15 minutes per

checkpoint plus an extra 15 minutes for CP2 food stop.

*** Minimum average speed must be maintained until the last checkpoint and the final checkpoint close time met in order to complete the event.

50KM ROUTE STATISTICS

HISTORICAL FINISH TIMES			
Finish time	% of participants	Finish time	Average Speeds
9 hours or less	3%	Before 4:00pm	>5.5 km/h
9 – 10 hours	6%	4:00pm – 5:00 pm	5.5 - 5 km/h
10 – 11 hours	11%	5:00pm – 6:00pm	5 - 4.5km/h
11 – 12 hours	20%	6:00pm – 7:00pm	4.5 - 4.1 km/h
12 – 13 hours	30%	7:00pm – 8:00pm	4.1 - 3.8 km/h
13 – 14 hours	11%	8:00pm – 9:00pm	3.8 – 3.6 km/h
14 – 15 hours	13%	9:00pm – 10:00pm	3.6 - 3.3 km/h
15-17 hours	6%	10:00pm – 12:00am	3.3 – 2.9km/h

COURSE RECORDS		
	Finish time	Duration
Fastest finish time	1:50pm	6hrs 50 mins
Slowest finish time	11:35pm	16hrs 35 mins

** Average 50km completion time is between 11 and 13 hours.

*** Please note all figures above are based on data taken from the results of the TF Beacons event held in 2019